



CAT PAC – Early Years Garretts Green Nursery School

We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will be delivered face to face at Garretts Green Nursery School on:

Session1 – An Introduction to Autism	Tuesday 10th October 9.30-11.30am
Session 2 – Communication and Interaction	Tuesday 17th October 9.30-11.30am
Session 3 – Sensory differences	Tuesday 24th October 9.30-11.30am
HALF TERM	
Session 4 – Eating, sleeping and personal care	Tuesday 7th November 9.30-11.30am
Session 5 – Emotional Regulation	Tuesday 14th November 9.30-11.30am
Session 6 – Parent choice of theme	Tuesday 21st November 9.30-11.30am

The following information will need to be provided to gain a place: The subject or title of your email needs to state that it is for the **Garretts Green Early Years CAT PAC**.

In your email please include:

Child/young person’s name and school

- Your name and email address
- Your child/young person’s CAT worker (if known)
- Due to limited places, the course will be offered to the first families to contact us.
- *There is an expectation that parents endeavour to attend all sessions if possible.*
- *There are no childcare facilities at the venue.*

Please email A2EGeneral@birmingham.gov.uk to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full. Yours sincerely, Viv Walters and Julie Watchorn Brennan